

Minutes of Dartmouth Together - Steering Group Meeting - 9th Jan 10.00-11.30

Present: Lee Baxter, Nick Hindmarsh, Susanne Hughes, Yvonne Cottam, Carol Lingard, Pierre Landell-Mills, Craig Davidson, Stevie Rogers, Jonathan Hawkins, Ken Sigrist, John Donaldson, David Gent.

Apologies: Graham Ray, John Salmon, Ged Yardy

1. Matters arising from meeting on 21.11.19

- **CAN** – To be updated at next meeting
- **FareShare** – Launch to interested groups – Thursday 16th – Clifton Room at 10.00
- **Next steps** – see appendix below

2. PCNs and South Hams engagement

This is likely to go live from April but there are technical issues that need to be worked out. GR to update at next meeting.

3. Young Dartmouth Together

David is on the case but Christmas has delayed progress – update next meeting.

4. Feedback from Dartmouth Health Partners' meeting on 10th December

Exercise on referral (EoR) and the Dartmouth Leisure Centre is close to being ready to start. This includes classes focused on cardiac rehab, exercise for COPD sufferers and others.

Meeting with DMP to discuss was postponed before Christmas but is happening on the 10th Jan.

Swim for Health (S4H) has secured Devi, the lead, until March and Steve (EoR) is probably picking this up. TBC.

Launch/re-launch of both likely to be in April but services will be operational prior to this. Possible link to new Dartmouth Together event.

5. Ideas for discussion – turning ideas into action

There are now a range of activities available and some case studies. To finalise a leaflet outlining what is available, where, how it is accessed, contacts, capacity, etc. the further actions below are needed.

Dartmouth Together Social Prescribing (SP) activities

In place

- Swim for Health - S4H – to do - Case studies finalised
- Dartmouth Arts Society
- Walk and Talk Group
- Dartmouth Health Partners' work – all need a simple leaflet
 - Exercise on Referral - EoR
 - Land based activity akin to S4H
 - CAN

To Finalise, Future and Potential new SP activities and work

Activity	Next steps
AA	Produce a simple leaflet explaining the referral process and purpose. Case studies are in place
Bell ringers	Produce a simple leaflet explaining the referral process and purpose, case studies and cross referenced to Devon Recovery Learning Partnership prospectus.
Dartmouth Green Partnership	Insurances, risk assessments, etc. need to be clarified then a simple explaining the referral process and purpose. Case studies in place.
Gig club	Produce a simple leaflet explaining the referral process and purpose, case studies and cross referenced to Devon Recovery Learning Partnership prospectus.
Medau	Produce a simple leaflet explaining the referral process and purpose. Case studies needed.
Museum	Produce a simple leaflet explaining the referral process and purpose. Case studies needed.
Pickelball	Produce a simple leaflet explaining the referral process and purpose. Case studies needed.
Walking rugby	Produce a simple leaflet explaining the referral process and purpose. Case studies needed.

Other actions

- Community Mental Health Support Worker – Dartmouth Caring have funding for a pilot that ends in September – role is to help people access activities, accompanying, informing, etc.
- Dart Patients have a role to play led by PPG, to inform, as does everyone – word or mouth being the best means of increasing activity.
- Develop awareness of volunteering opportunities as well as the activities they would support
- Farms – Stevie to speak to her daughter about equine opportunity – what else could we do locally?
- Singing – U3A and other groups
- Strengthen links with Dartmouth Community Chest
- Youth Genesis and Friday night at Leisure Centre needs to be resurrected, which is the intention

- All sport – Yvonne to be focal point as Dartmouth Sports Association being re-launched.
- Dart Sailability – Nick to contact Mike P, they were interested at time of event in the Flavel.
- DYC – approach and see what they would be able to offer.
- Bill Hunt – Dart Players – approach and see what they would be able to offer.
- Funding for insurance, DBS checks, kit etc.
- Write to all the local organisations to get consent to refer clients to them to volunteer?
- Create new workshop for groups
- Plan next Dartmouth Together event in May.

Date of next meeting – February 20th 1000- 1130. Venue to be confirmed.

Appendix – Next steps

- Updated at meeting of 09 01 20

Started

Done

Overdue

What is it?	Who leads?	When by?
Development of exemplars of local practice with regards Social Prescribing – ongoing .	NH	29.11.19
Case studies from client' perspective – ACTION: KS to supply AA examples. CD to supply S4H examples. NH to speak to John Salmon to get similar for the outdoor pool and walk and talk. - ongoing .	NH	Feb '20
Leaflet describing the various opportunities and how to access them – to follow on from production of exemplars and case studies .		
Workshops to help interested groups design and set up their own schemes – to follow on from production of exemplars and case studies .	NH	Feb '20
Liase with Fusion – Janica and manager are both working to replicate the offer at Kingsbridge, leading to an exercise on prescription range of activities See notes below in item 5	CD	Ongoing
Engage with Dartmouth Town Council NH and GY have met and will keep meeting .	GY/NH	Ongoing
Share the message better in the villages NH and SQ progressing in Dittisham, JD in Blackawton and KS in Stoke Fleming .	NH	Ongoing
NH to write to Parishes	NH	
Speak to key players in Blackawton	JD	
Work closely with Dartmouth Medical Practice to increase buy-in from Drs. - Linking this to work with the Primary Care Network (PCN), Dr. James Mottram etc. – replaced going forward by item 3 below .		
Market the project through By the Dart - done	NH	Sept '19
Seek to connect other social prescribing groups in the South Hams. – ongoing .	NH	Nov '19